

Procedure:

Date – _____

Arrival Time – _____

Do not eat or drink anything 6 hours prior to your procedure.

This includes WATER, TOBACCO, MINTS, GUM. Any consumption will result in a delay or cancellation of your procedure.

You must have a driver bring you to the procedure, remain on the premises throughout the procedure and drive you home. Failure to do so will result in delay or cancellation of your procedure.

Location –	Atrium Cabarrus Hospital	Novant Health Rowan Medical Center
	200 Medical Park Drive	612 Mocksville Avenue
	Concord, NC 28025	Salisbury, NC 28144

Physician – _____

Medication Guidelines:

The morning of your procedure you may take medications for: **High blood pressure, Heart conditions, Asthma/Lung conditions, Seizures, Thyroid conditions.** *Please take these with just a small sip of water.

If you are **diabetic**, the day before your procedure you may take any oral diabetes medications as you normally do. If you take insulin, please take your regular AM insulin dose and ½ dose of any PM insulin. The morning of your procedure you should hold all diabetes medications.

If you are on any **blood thinners**, please see the list below for how long to hold your medication prior to your procedure:

Pradaxa, Xarelto or Eliquis	2 days
Coumadin, Plavix, Brilinta, Jantoven, or Aggrenox	5 days
Effient	7 days

Hold **Iron** for 5 days prior to your procedure. This does not include Multivitamins with Iron.

You do not have to hold **Aspirin**.

Gentlemen- Please hold **erectile dysfunction medications** for 3 days prior to your procedure.

Stop any **illicit drugs** 3 days before your procedure (i.e. marijuana, cocaine, or other hallucinogens).

Information and Instructions for an ERCP (Endoscopic Retrograde Cholangiopancreatography):

You have been scheduled for an ERCP. This is a procedure to examine the bile ducts utilizing a flexible endoscope and x-ray equipment.

Upon arrival, you will be taken to a procedure room for the examination. You will be asked to sign a consent form. You will be asked to lie on your left side or on your stomach and a topical anesthetic may be sprayed into the back of your mouth, and then swallowed. You will be given intravenous anesthesia for this procedure.



ERCP (Endoscopic Retrograde Cholangiopancreatography) Preparation

The endoscope is passed through your mouth to the location where your bile ducts open into the duodenum (first portion of the small intestine). A smaller tube is passed through the scope and into the bile duct opening and x-ray dye is injected to make the ducts show up on the x-ray. X-rays are taken as the dye is injected. Instruments may also be used to enlarge the bile duct opening or remove bile duct stones.

Day of Your Procedure:

Do not eat or drink anything 6 hours prior. Any consumption will result in a delay or cancellation of your procedure.

Do not use denture adhesive before your procedure as you may be asked to remove them before the exam.

Post Procedure:

The physician will talk to you and your family member(s) after the procedure. Because you have been given sedation, you will be discharged to your vehicle with assistance. Written instructions will be given to you regarding diet and level of activity for the remainder of the day. Occasionally, an overnight hospital stay may be required so please plan accordingly.

If you have any questions or concerns, please feel free to call our office at (704) 783-1840.