



NOTE: If taking an oral iron supplement, please stop this 4 full days prior to the test

Day Before Procedure:

- Breakfast followed by a light lunch, then begin clear liquid diet for the remainder of the day/night before the procedure (nothing red to drink).
- Take (1) one dose 17-gram packet of MiraLAX NeatPAX with full glass of water or Gatorade (non-red) at 9:30pm.
- Nothing to drink after 10pm (small sips of water with medications allowed).

Day of Procedure:

- Hold medications until 2 hours after ingestion of capsule unless your doctor deems it necessary, then take small sips of water with medications.
- Two (2) hours prior to capsule ingestion time scheduled, take (1) one dose 17-gram packet of MiraLAX NeatPAX with full glass of water Gatorade (non-red)
- Arrive at office _____am/pm on _____.
- Resume clear liquids 2 hours after ingesting capsule: _____am/pm.
- Take (1) one dose 17-gram packet of MiraLAX NeatPAX with full glass of water Gatorade (non-red) four (4) hours after capsule ingestion.
- Enjoy a light lunch when you are ready after your last MiraLAX NeatPAX

Important Patient Information:

- Following the aforementioned instructions, the capsule will typically takes 8-48 hours to pass the capsule providing regular bowel movements. If you haven't passed the capsule at 72 hrs. after capsule ingestion, contact your physician.
- Please adhere to the instructions for capsule and bring capsule back to the office when convenient for both the office and you.
- Visit <http://www.capsovision.com/products/capsoretrieve> to watch the retrieval video instructions if desired.
- To avoid a repeat of this study, please adhere to your retrieval instructions until capsule is retrieved.

Remember: We cannot download the capsule endoscopy study of your small intestine without the capsule so it is critical that you retrieve the capsule so the video can be download and reviewed by your clinician.

If you have any questions before, during or after the procedure,
please call 704-783-1840